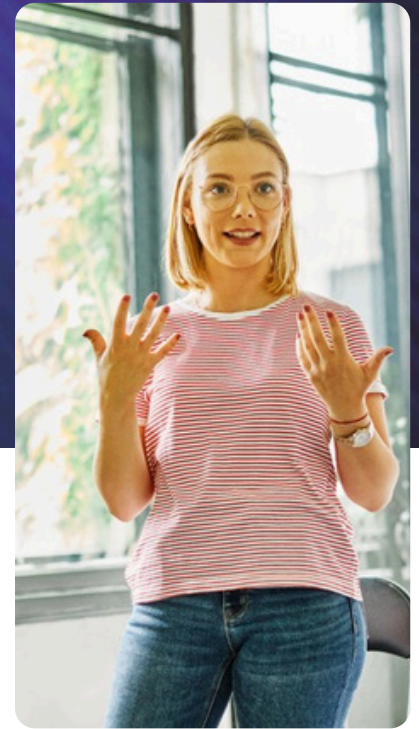




Offsite and Workshop Facilitation

We partner with leaders in life sciences to deliver immersive, relational, skills-based learning that sticks.

Through practical tools, live scenarios, and peer learning, we help teams turn insight into action, so they leave not just inspired, but equipped to lead with confidence, clarity and resilience.



Transformational Offsites

New Team Launch

For newly formed, values-led teams that need to get delivering for the business immediately.

Create shared understanding, shape your culture, and build connection, giving your new team the clarity and momentum to thrive.

Team Realignment

For teams navigating restructure, change or complexity.

Align your goals, reset team purpose, and create a renewed sense of belonging within a new team dynamic.

Prepare for Growth

For teams entering a new phase of growth.

Take your team to the next level of performance; maximize their current strengths, help them build new skills, expand their mindset and renew ways of working so you are fit for business growth.

Possible Topics

- Building connection and relationship
- Accelerating communication
- Defining your purpose and narrative
- Agreeing ways of working and social contract

Possible Topics

- Aligning on team purpose
- Deepening trust and psychological safety
- Enterprise leadership
- Building business partnerships

Possible Topics

- Improving collaboration
- Meeting with purpose
- Increasing influence
- Innovation

Let's explore how we can help you thrive



hello@fiveandco.com



www.fiveandco.com/connect



Offsite and Workshop Facilitation

Workshops

For teams that need investment in a specific skill.

Meet the specific needs within your team by developing targeted competencies

Possible Topics

- Effective Communication
- Shared Narrative
- Increasing Influence
- Building business partnerships

You'll Achieve

- **Goal Alignment:** Establish clarity by aligning vision, strategy, and purpose
- **Shared Language:** Strengthen foundations with common narrative and communication tools such as The 5 Voices of a Team
- **Build Trust:** Have the real conversations that drive lasting growth



"Working with Five&Co. has been transformational for us as a team. Our meetings are now spaces where all voices are heard – not just the loudest. There's more honesty, more courage, and more forward momentum. The combination of individual coaching, live meeting feedback, and team facilitation was exactly what we needed to shift how we show up – and how we successfully navigate change, together."

Helen Davenport, Director of Nursing
Clinical Governance, NHS England

Our Approach



Courageous Conversations

We help you have open, honest dialogue that unlocks growth



Tailored Design

All our sessions are designed to meet your team exactly where they are



For the Journey

Every engagement starts with upfront alignment and ends with agreed accountability for follow up actions, ensuring real transformation

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